

Notch and Neami Townsville Women's
Health & Wellbeing Service
presents

*Women's Wellbeing
Group*

Take some time out for yourself and join us
as we work together on self reflection and
connection with others

Free to participate, all resources provided.

Tuesday evenings starting October 1st

6.00pm - 7.30pm

Everyone welcome

North Townsville Community Hub

52 Palm Drive, Deeragun

Phone - 47516511

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Uniting our Community for a better future

